Long Term Care Continuum

October 2013 | Volume 11, Issue 3



Save the Date

20th Annual Winter Marketplace

November 15-17, 2013
Hyatt Regency La Jolla at Aventine
San Diego, CA
Click here to register today

National Long Term Care Administrator's Week March 9-15, 2014

48th Annual Convocation and ExpositionApril 5-9, 2014
The M Resort Spa & Casino Las Vegas, NV

2014 Summer Leadership Conference

July 28 - August 1, 2014 The Fairmont Southampton Southampton, Bermuda

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Dear ACHCA Members:

It's hard to believe summer is over and that we will soon be gathering at our Winter Marketplace conference in San Diego, CA. As you know, WMP is taking a hiatus from Las Vegas this year (and next) so that we could have our Convocation 2014 in Vegas, at the lovely M Resort. It is hoped that this Convocation location in 2014 will draw record attendees. Be sure to mark your calendar for both WMP 2013 in San Diego and Convocation 2014 in Las Vegas. For more information about these conferences and other upcoming ACHCA conferences, please visit the Events page at www.achca.org.



As we reflect on the first six months of this Board year, it is noted that our committees, leadership and staff have made significant accomplishments to advance our strategic goals:

ACHCAConnect: We are very pleased with the launch of our new member networking community, <u>ACHCAConnect</u>; several standing networking communities are available to you including our Peer2Peer Open Forum and Information Technology Support Group, and two focus specific groups were added: Student/AIT community and an Adult Day Care Community. Our Committees, Chapters, and Conferences also have active communities so please promote these networking communities to others and use them to connect, learn, and advance in your profession.

Committee Handbook: Since the restatement of the ACHCA Bylaws this April, committees have been hard at work to revise the official Committee Handbook. This Handbook contains the essence of how we manage our association through the use of our member volunteers. A copy of the ACHCA Committee Handbook can be found by visiting the General Committee Resources Library within ACHCAConnect.

AIT Preceptor Development Work Group: We are proud to announce a new work group launched under the auspices of our Education committee. This work group will create an AIT Preceptor development curriculum which will: 1) provide support to our members who want to become qualified preceptors, while at the same time, give them an opportunity to "give back" to their profession, and 2) develop a much needed pool of AIT sites for our emerging administrators. This work group consists of practicing preceptors, academics, and state board representatives. Phil DuBois, CNHA, FACHCA is serving as the chair of this work group.

Chapter Compliance/IRS Group Rule: Our staff has been working diligently with our chapter and district leaders to help our chapters demonstrate viability and compliance. Staff is commended on their efforts to create an on-line annual chapter report that interfaces with our database. This will help to streamline the process going forward and help chapters to stay in compliance.

Summer Leadership Conference: We had a successful 2013 Summer Leadership Conference in Bermuda. Neal Petersen shared with the attendees how to persevere as a leader despite barriers that may arise. We have the 2014 summer leadership contract in hand and we will be studying future summer meetings locations.

ACHCA Elections: We will be starting the nominations process soon so our members are asked to recruit qualified candidates for our open positions which this year include election of Board members and officers as well as Nominating committee and Academy members, and a Professional Advancement committee chair. We will be looking for a multi-candidate slate going forward to provide choice for all elected

From the Chair (continued)

(continued from page 1)

positions. The Nominating committee will also be vetting all candidates for appointments, so please be thinking about committee chairs and board standing committee members (as noted in the Committee Handbook). It is our goal to do active succession planning for our entire national and chapter leadership positions to ensure continuity and sustainability in our association.

2013 Awards process: Do not miss the opportunity to show recognition to one of our many dedicated members in the field of long term care. ACHCA awards are inclusive of most areas of leadership and service that include individual, chapter/district, and scholarship. Please visit our newly launched awards page by <u>clicking here</u> or if you have any questions regarding awards, please email Karen Reynolds at <u>kreynolds@achca.org</u>.

The Professional Certification Program: We just completed a certification value study. Results have been submitted to a professional journal, so stay tuned for more information that promotes the value of professional certification. Also, the Exam Development Subcommittee, chaired by Sharon Colling, CNHA, CALA, FACHCA is reviewing and revising the item test bank to ensure our certification exam is credible and reliable.

Executive Leadership Series: ACHCA continues to work in partnership with Redilearning to produce excellent webinars. The Executive Leadership Series on ACOs has done very well and has brought positive attention to the ACHCA brand. Stay tuned to our upcoming webinar being planned for November and will be presented by our own John Lyncheski, Esq.

We are extremely pleased with the progress we are making to advance our mission of leadership excellence. We depend on, and appreciate all the hard work of our chapter and national leaders and the work of our committees.

In closing, let us remember two departed members: 1) Andrew Fennelly, Fellow Emeritus, past board president and dedicated member, and 2) Eli Pick, CNHA, CAS, FACHCA a true example of a dedicated ACHCA member, passionate about professionalism, and advocate for our profession. They both truly believed in our mission and vision and will be sorely missed by ACHCA.

Hope to see you all in San Diego!

Reanne Balloway

Roxanne L. Galloway, CNHA, CALA, CAS, FACHCA Chair, ACHCA Board of Directors



From the President



Leveraging Your Professional Network

Belonging to one's professional society provides many benefits and opportunities. One perceived value of belonging to the American College of Health Care Administrators is a personal one: the one that spans the value continuum for novices and experts alike, the desire to connect.

To better serve our members, the 2013 ACHCA Board of Directors committed itself to providing a state-of-the art networking community. Replacing the popular, but dated, Peer2Peer list serve is ACHCA-Connect which launched in April 2013.

What is ACHCAConnect?

ACHCAConnect provides private, secure communities for our members to connect, share ideas and get fast answers to important questions. These interactive communities allow ACHCA members to find others with similar interests and create a network based on shared attributes. Through our Association Management System (AMS), CitySoft, member profiles are pre-populated with membership data so that community members can customize profiles, add pictures, educational information, and other content. Members can control the information they wish to share and how to share it. ACHCAConnect is powered by Higher Logic. Higher Logic delivers solutions so that our members can extend our organizational value and attract a new generation of global members and constituents.

What is the value of ACHCAConnect to members?

<u>ACHCAConnect</u> provides our members with improved and expanded tools for networking and information sharing across multiple interest groups. As with any new technology, there may be a bit of a learning curve for individuals adjusting to the innovation but the national office stands by to help:

- ACHCA has an archive of very short (4 minute) tutorial videos
 that can be accessed on our <u>ACHCA Vimeo Video Site</u>. Members can watch these tutorials to learn: network navigation skills;
 log in logistics; privacy settings; user profile management; and
 basics of joining a networking community.
- Members can learn more about ACHCAConnect by clicking on the video of choice within our <u>ACHCAConnect Vimeo Folder</u>.
- Members may also contact our staff for assistance at <u>achcacon-nect@achca.org</u> for those issues that are not addressed in the video snippets.
- A new member community, not already available, can be requested from the ACHCA Education Committee. Please visit https://connect.achca.org and login using your ACHCA credentials to download the new community request form.

ACHCA Connect connect.achca.org



Who can members contact for more information?

For more information, contact Katie Lynes at klynes@achca.org or Michelle Berry at mberry@achca.org. Both of these staff members will help members troubleshoot any issues they may have with this great new member benefit.

ACHCAConnect offers a viable benefit to both emerging and seasoned professionals seeking support, guidance, tools, and connections to support their evolving careers. Whether it is in creating networking connections, education, advancement, or opportunities for self-actualization, ACHCA stands by to support its members in achieving individual goals. Once our members are positioned in their careers, they may mature from the position of "what can my membership association do for me" to "what can I do to advance my profession"? ACHCA stands by to provide balance in that maturational membership dynamic.

ACHCAConnect will undoubtedly prove to be a great networking tool for both novice and expert administrators.

Go to ACHCAConnect at http://connect.achca.org/ to learn more.

Mariama Ken Gurhek

Marianna Kern Grachek, CNHA, CALA, FACHCA President & CEO, ACHCA

Stay Connected - Click the icons below.



Feature Article from the 2013 Winter Marketplace Keynote



Maximize Your Influence Mary Jane Mapes

Do you ever lay awake at night wondering:

- Why don't people do what they commit to doing?
- Why does there have to be so much drama?
- Where's the commitment required to drive this organization forward?

If you've had any of the above thoughts, rest assured you're not alone. Whether serving on a board of directors, working with a client, or running a healthcare organization, you are bound to run into people who are difficult to deal with or who rub you the wrong way. The faster you learn to make the most of those relationships by challenging yourself, the greater the benefits.

I learned this lesson years ago while serving on a board. Maybe you can identify with me when I tell you about Milton.

My dislike for Milton was relentless. I couldn't find a single redeeming quality in him. He seemed caught in a permanent sneer, and the high-pitched whine of his voice made my teeth ache. Even his breath offended. He never met a clove of garlic he didn't like.

I found everything about Milton offensive, and he knew it. Thus, he became more of everything I resented. Seven years of serving on the same board-of-directors, putting up with his fanatical attention to detail, his opposition to anything I suggested, and his argumentative disposition tested my character to the breaking point. Finally, the time came when something had to change.

It was my year to be president of the organization, and I needed Milton's support to accomplish my goals. Aside from that, my conflict with Milton had created a conflict within myself. My feelings for Milton were in direct opposition to the person I believed myself to be: loving, gracious, and generous with all people. It was Milton who had to change. But I knew his change had to begin with me.

Although it didn't feel fair that I should have to make the first move, I knew down deep fairness wasn't the issue. Growth requires change. If I waited for Milton to make the first move, I knew I'd only be more and more frustrated when it didn't happen. I had to be the catalyst. You've heard of taking the bull by the horns? Well, I had to take this PIG (Particularly Irritating Guy or Gal) by the tail.

As far as I was concerned, Milton's only redemptive trait was how lovingly he spoke of his grandchildren. To hear him tell it, they actually loved their grandfather. Unbelievable! He was influential with professional colleagues; his reputation as a college professor was positive. Many former students sought him out after they'd graduated. Incredible! My mission was to find in Milton some of what his children, grandchildren, colleagues and students found in him that was worthy of appreciation. It took all the imagination I could muster.

Register for the <u>2013 Winter Marketplace</u> and attend the keynote session presented By Mary Jane Mapes!

CHALLENGE YOURSELF

I began by challenging myself to assume the best. I started by giving him the benefit of the doubt. This was not easy. When tempted to question his motives, I'd consciously shift my thinking to assume something more positive and explore his ideas by asking open-ended questions and listening to him. "What prompts you to say that, Milton? I'd like a better understanding of your thinking on the matter." Grudgingly, I was surprised to find that once I understood his rationale, it was easier to value his point of view.

Whenever he'd begin to dwell on the negative, I'd resist the temptation to tune him out, and instead, disciplined myself to respond with, "Milton, that doesn't sound like you; you usually find the best in a situation." His conversation would shift to more positive aspects of whatever was under discussion. If he actually said or did something I appreciated and wanted to see repeated, I'd say, "That's what I like about you, Milton. You..."

I learned not only to assume, but to acknowledge Milton's positive motives. For example, during a meeting at which he strongly opposed an idea I favored, my response was, "Milton, I know that your heart is in doing what's best for this organization. I'm wondering if you'd chair a committee to explore both sides of this issue and then come back and present a case for each?" He ran with the idea, and as a result, was able to fairly assess both sides of the issue. The bluster in his voice was gone, and in its place was the voice of reason as he calmly detailed the pros and cons.

If he criticized my idea, rather than react, I learned to say, "Thanks for your input, Milton. Tell me more." Once I offered no defense, no justification, the matter would be dropped almost immediately. Our relationship was maintained, and both of us could walk away with our heads high.

Over the years, Milton and I continued to serve on the same boards and committees, but our relationship moved from darkness into light. In place of disgust, there was trust. Instead of resistance, there was the desire to explore each other's viewpoint. Desire to do battle was replaced with genuine appreciation and concern for one another. I fully understood this when, in response to an email from me thanking him for the hard work he had done on behalf of our council, he wrote back a simple acknowledgment. It read: I love you, too, Mary Jane.

Milton retired a couple of years ago. I miss him.

Mary Jane Mapes, CSP, an award winning leadership/communication strategist, helps leaders connect, communicate, and cultivate great relationships. Known for her powerful storytelling ability, Mapes transports her audience into the picture and leaves them with insights into the dynamics of human relationship- the bedrock of true leadership. Here storytelling ability is combined with energy, humor, authenticity, and audience interaction.

This article is a customized excerpt from her new book, You CAN Teach a Pig to Sing – Create Great Relationships...with Anyone, Anytime, Anywhere. She can be reached at (800) 851-2270 or by contacting her at www.maryjanemapes.com

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20th Annual Winter Marketplace

Dear ACHCA Members:

As many of us begin to prepare for the winter months ahead, I want you to try and visualize two scenarios with me, as I look at two very different Friday mornings for an Administrator in the middle of November.

Scenario 1: It is Friday morning, and you have settled in your office at 8 AM. It has been a long week, and this morning you are greeted by the DON who informs you there were 5 call ins, a residents daughter is waiting for you to complain of more lost clothing, Medicaid recouped \$50,000 from you without notice (and it's payday), and you look out your window to see a 7 member joint State/Federal survey team walking up the sidewalk for a rare weekend survey as it begins to snow. Did I mention that it is not 8:30 am yet?





Scenario 2: It is Friday morning, and you have just spent your first night at the Hyatt

Regency La Jolla in spectacular San Diego, California. Another 72 degree, sunny day is on tap, and you were able to connect with some peers the previous evening for great discussions. You glance at the day's schedule for Winter Marketplace and notice that your day will start with a stimulating and amusing keynote session entitled "You can teach a pig to sing". As you peruse the rest of the days schedule, you see you will have a hard time deciding among the excellent topics for the concurrent sessions, but figure that's a problem you are equipped to solve.

I don't know about you, but I'm picking Scenario 2. The thought of spending a three day weekend with my fellow professional Administrators in a beautiful setting and learning from a

varied group of experts in the field is something that I just can't pass up.

This year Winter Marketplace has several significant changes and improvements:

- It is about 3 weeks earlier than usual, so avoids the busy Christmas schedule
- The venue has been changed to San Diego which offers spectacular weather, shopping, scenery and activities (although I'm pumped about returning to The M hotel in Las Vegas for Convocation in April).
- The Hyatt La Jolla, located in the city known as "The Jewel of the Pacific", offers incomparable beaches, shopping, dining, galleries and attractions. Come for education stay for vacation.
- The schedule has been designed so the educational offerings end reasonably early both Friday and Saturday afternoon, to allow for a full evening of exploration and relaxation.
- The sessions end early on Sunday to allow travel home for those of you anxious to be in the office bright and early on Monday morning.

Please plan on joining us November 15-17th in San Diego. See you there. I have even included the registration link to help you find your way there! <u>CLICK HERE</u> to register or for more information!



Dow Side

Bob Siebel, CNHA, FACHCA Chair National Conference Planning Committee

Thank you to our 2013 Winter Marketplace Sponsors & Exhibitors!

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ACHCA Award Winners

ACHCA presented annual awards on April 13, 2013 during the awards luncheon at the 47th Annual Convocation and Exposition in Orlando, FL.



Congratulations to ACHCA's 2013 Award Winners!

Chair's Award – Stefan H. Fromm, CNHA, FACHCA

Chair's Award - Rudy L. Michalek, FACHCA

Individual Awards

Outstanding Member Award – Daniel Suer, FACHCA
Education Award – Philip Dubois, CNHA, FACHCA
Journalism Award – Vivian Tellis-Nayak, PhD
New Administrator – Jose Luis Rojas Fernandez, CNHA, FACHCA
New Administrator – Sheena Janse
Public Service Award – Martin Bayne
Business Partner – Parners Pharmacy, Cranford, NJ
Honorary Fellowship – Dr. David B. Oliver, PhD
Distinguished Nursing Home Administrator Award –
Larry I Slatky, CNHA, FACHCA
Champion Award – Maine Healthcare Association

Chapter Achievement Awards

Connecticut Chapter – Scholarship Award
Kentucky Chapter – Professional Newsletter: Impact on Membership
Maine Chapter – Education Leadership
Maine Chapter – Health Care Reform Institute
New Jersey Chapter – Chapter Leader Influence on the LTC Industry
Oklahoma Chapter – Member Recruitment
Texas Chapter – Chapter Website
District 1 – Increasing Certified Administrators
District 3 – Implementation of the District Meeting

W.Phillip McConnell Student Scholarship Fund

Sponsored by the Ohio Chapter Kevin R. Chamberlin – The Ohio State University Cristal Vincent – St. Joseph's College of Maine

Student Poster Session Scholarships

Sponsored by the Sister Joan Cassidy and Michael Cuseo Cultural Diversity Fund

Eric Anderson – University of Wisconsin – Eau Claire
Mark Van Den Broeke – University of Wisconsin – Eau Claire
Morgan Holien – University of Wisconsin – Eau Claire
Heather Kjelstad – University of Wisconsin – Eau Claire
Bridget Staberg – University of Wisconsin – Eau Claire
Evan Weiske – University of Wisconsin – Eau Claire

Facility Leadership Awards

Laurie Behrend – Windsor Skyline Care Center Deke Cateau – A.G. Rhodes Health and Rehab, Atlanta Donna Conley – Fellowship Manor Barry Friedman – Seaport 17th Care Center

Diane Goncalves – Wingate at Springfield Rehab & Skilled Nurse

Residence Annette Goodwin – Linville Court at the Cascades Verdae

Annette Goodwin – Linville Court at the Cascades Verdae

Donald Hayes – Briarcliff Haven Healthcare and Rehabilitation

Center

Emmanuel Ikomi – New England Homes for the Deaf, Inc. Craig Koff – VI at Lakeside Village

Helaine Ledany, CNHA, FACHCA – Buckingham at Norwood Matthew Lessard – Heritage Rehabilitation and Living Center Belinda Leung – Marina Garden Nursing Center

Paula Long Strunk, FACHCA – The Terrace Nursing & Rehabilitation Center

Stephanie Malone – Lakeview Rehabilitation and Care Center Carol Mortensen – Caleb Hitchcock Health Center at Duncaster Tony Restaino, CNHA, FACHCA – A. Holly Patterson Extended Care Facility

Robert Reyes, CNHA, FACHA – The Wanaque Center for Nursing and Rehabilitation

Julie Ridgeway, CNHA, FACHCA – Heritage Inn of Barnesville Health and Rehab

Gretchen Sechio – Heritage Hills Nursing & Rehabilitation Center Roxie Severance, CNHA, FACHCA – Morrison Nursing Home Cynthia Smith – Appomattox Health and Rehabilitation Center Daniel Suer, FACHCA – Hillebrand Nursing and Rehabilitation Center Matthew Thompson – The Manor at Carpenters Dan Weingarten – Goldstar Healthcare Center of Inglewood Derrick Wheeler – Townsend Park Health and Rehabilitation

Do not miss the opportunity to show recognition to one of our many dedicated members in the field of long term care. The ACHCA awards committee is currently accepting nominations for the 2014 awards through **October 30, 2013**. <u>CLICK HERE</u> to learn more about ACHCA awards and nominate a candidate. If you have any questions regarding awards, please email Karen Reynolds at kreynolds@achca.org. Award winners will be recognized during the 48th Annual Convocation and Exposition to be held in Las Vegas, NV on April 5-9, 2014.





How Advancing Excellence, in Partnership with the Commonwealth Fund, is Improving Care for Our Seniors

Many people fear that they will one day be forced to live in a cold, unwelcoming nursing home. But by focusing on the quality of residents' lives, staff at many U.S. nursing homes are turning their facilities into warm and comforting environments for seniors. In a new video, Commonwealth Fund vice president Mary Jane Koren, M.D., explains how the Commonwealth Fund—supported Advancing Excellence in America's Nursing Homes campaign is helping to improve the lives of nursing home residents while saving money—and without cutting back services. CLICK HERE to watch this video now and share with your stakeholders!

Advancing Excellence Helps with Process Improvement

The Domestic Lean Goddess video shows how the Plan-Do-Study -Act (PDSA) cycle, a common quality improvement method, can be used in an everyday domestic situation (why the children are always late for school). This six-minute video shows how applying the four steps of the PDSA cycle pinpoints the root cause and allows effective action to take place. This video helps nursing homes consider the multitude of ways in which the PDSA structure can improve processes. CLICK HERE to watch the PDSA Video now.

ACHCA is a founding member of the Advancing Excellence Campaign. To learn more about the Campaign, <u>click here</u>.



ACHCA Members **Keith Knapp**, **PhD**, **CNHA**, **FACHCA**, President/CEO of Christian Care Communities, **Marianna K**. **Grachek**, **CNHA**, **CALA**, **FACHCA**, President/CEO of the American College of Health Care Administrators (ACHCA) and **Randy Lindner**, President/CEO of the National Association of Long Term Care Administrator Boards (NAB) shared their expertise as part of the legislative panel during the 2013 NELS Summit held in Washington D.C. June 24-27, 2013.

Enhance Your Professional Credibility

Professional certification is the formal process by which a certifying agency, such as ACHCA, validates an administrative leader's knowledge, skills, and abilities in a specialty area of practice such as nursing home (CNHA) or assisted living (CALA) administration. Interested in becoming certified? Click here for more information.

New Recertification Application Available Online

ACHCA has launched a new version of the online recertification application. As of October 1, 2013 ACHCA will once again require the submission of the Executive Portfolio to document the achievement of continuing education (CE) at the time of renewal. To access the new recertification application and the Executive Portfolio, <u>click here</u>. For more information on recertification, please see the <u>ACHCA Certification Handbook</u>





— Executive Leadership Series —

Navigating the ACO Network: How Will It Affect Operations, Referrals & Outcomes?

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2013 Summer Leadership Conference



Team Support in Healthcare Neal Petersen

I am a solo racing yachtsman. However, in order to execute a campaign to race alone around the world requires huge efforts from a very diverse team. As the leader of a racing team, I approach my job much in the same way a music conductor oversees his orchestra. Healthcare leader-

ship requires some of the same techniques. It takes a leader with a vision to create a team that will execute that vision while navigating the rapidly changing healthcare arena through these ever changing stormy seas.

In yacht racing, there are multiple moving parts that are happening in conjunction with each other. My job is to pull all the required expertise together and deal with the sometimes conflicting demands. To be effective in any race around the world requires substantial financial resources. These financial resources come in the form of sponsorships. Raising sponsorships in not unlike raising capital for a startup company, or growing long term care facilities. There are countless months of researching potential investors/sponsors, and building a network of leaders who can make the referrals to the right people. There are various teams involved in bringing the final project to fruition such as:

- A marketing team who can craft the appropriate proposals
- A legal team to ensure that a fair contract is negotiated once interest has been recognized
- A public relations team to help brand the product and set up media appearances prior to securing the sponsorship/investment in order to create the awareness, and launch a successful campaign in conjunction with the sponsorship/investment post signing

all before the starting gun fires.



Neal Peterson shares how changes that have occurred in senior living and healthcare are forcing leaders to look at health care in innovative ways during the 2013 Summer Leadership Conference in Southampton, Bermuda.

While this administrative business is taking place, and funds are becoming available, there is the preparation of the vessel. Pulling together a shore crew requires people with various disciplines in a balancing act with many egos. It is impossible for healthcare leaders to bring about substantive changes without managing very diverse groups of people and their needs. It takes many different people with

many different talents as well as personalities to get the job done in the most effective manner possible (e.g. the construction team who worked on the designing of the vessel had to work side by side with equipment manufacturers who may also be product sponsors. All these individuals must get along and have the same goal to get the project off the ground). Healthcare leaders are balancing a politically changing landscape while struggling to contain rising costs all while trying to grow their facilities and number of beds. Each division is similar to setting up their own racing teams, a leader with a support team, plugging into the larger organization, may often feel like a solo sailor out on the vast, impossible, ever changing ocean.



Summer Leadership Conference Program attendees John Dominic and Lynn Rosen discuss the need for effective leaders to maintain a successful work life balance during a group exercise.

The demands on the solo sailor mount as the race gets closer. Everything on the vessel has to be ready, including the decision on what spare parts are loaded, and the amount of meals for each leg, which are prepackaged for limited space, while other meals will require onboard preparation. Then there are the needs of the sponsors to be met with media and public appearances, visits to offices, taking their clients sailing, all focused on promoting the sponsorship and the participation in a global event, in the full focus of public scrutiny.

Finally, on race day, it is time for the leadership to execute everything the team has spent years preparing for. Each solo around the world race is every four years, and it takes almost all that time to assemble the right team, keep them working towards the common goal that is in the distant horizon. Keeping the right individuals and terminating non-effective team members goes with the territory to get the best talent one can afford. Throughout each leg, the team is on standby to offer advice on issues that transpire aboard. Media focus heightens as the race continues. This is comparable to individual long term care facilities who face the realities of having to plug into the demands and vision of the parent company while meeting the satisfaction surveys of the residents and their family expectations all while balancing the demands of regulators who can show up at any moment.

Once the vessel crosses the finish line, gears are shifted back to the team, who focus shifts to the logistics of repairing broken gears during the stop over, substantial press demands along with the event and corporate appearances, re-provisioning the vessel and gaining rest. During the 1998-99 around the world race, more than 120 peo-

2013 Summer Leadership Conference

(continued from page 9)

ple collectively were involved in my syndicate. I may have been alone at times on my vessel, but I was never without the support of an incredible team of very talented individuals who ensured our success of getting a vessel around the globe in grueling weather conditions as I battled it out on the high seas with my fellow competitors. It is with this same spirit that today I continue to create teams as I work, not just as a motivational speaker, but also as a global investor, not unlike many of you who navigate the waters of healthcare.

At the completion of the race we all got to celebrate victory – because without a shore crew my ability to get around the world would have been impossible. Teamwork is a must to accomplish the goal at hand. To lead is an honor, but one that comes with great obligation and responsibilities.

In today's healthcare arena, we need to have people across all departments who are not afraid of the ever changing wind shifts, with its constant storms of regulation or doldrums of revenue growth. Every organization has people, who feel like solo sailors, but their assets are in their treasure chests for success creation, and adaptability is their fuel to navigate forward.

During the 2013 Summer Leadership Conference, we explored personal development, leadership and problem solving, while navigating together these unchartered waters. We may be solo sailors, but we have a finish line that cannot be crossed alone. We included some conference photos that we hope you enjoy!

An award-winning author and extreme adventurer, **Neal Petersen** is an inspirational keynote speaker, a thought-leader, and a master story-teller, sharing real life examples of how he overcame insurmountable barriers by turning "perceived" disadvantages into advantages—and then into opportunities. His captivating and empowering "No Barriers – Only Solutions" keynote demonstrates to others how success is realized—through innovation, balancing risk against return and being flexible enough to adapt to shifting winds. To contact Neal, please visit his website at http://www.nealpetersen.com/

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Book Review

Dimensions of Long Term Care Management: An Introduction by Dr. Mary Helen McSweeney-Feld and Dr. Reid Oetjen

Book Review by James C. Williamson, PhD

This book, *Dimensions of Long Term Care Management: An Introduction* by Dr. McSweeney-Feld and Dr. Oetjen is well written, comprehensive and informed. Chapter features such as the "critical concept" and "case study" make the topics relevant, easy to comprehend, and compels the reader/student to apply the concepts presented throughout the chapters.

The chapter focused on human resources (Part III – Management Issues) was especially impressive as it difficult to find comprehensive, quality material on this subject and this covers this exceptionally well.

It was also encouraging to see the comprehensive discussion of Hospice, Palliative and End of Life Care (*Part II*). Coming from a company where integrated services for senior adults is the standard, Part II does a complete and accurate job of discussing the various Care Settings for Long Term Care Services.

Within each chapter, the text engages the student/reader with a "for discussion" section to review concepts and clearly defines the overall learning objectives. Overall, this is a VERY comprehensive text and a complete reference guide to the Long Term Care Industry. I highly recommend this as a reference for all newly emerging and veteran leaders within the field.

Note: Book reviews included within *Continuum* are the opinions expressed of the reviewer within the book review and are not endorsement of the book by ACHCA.

Book Reviews & Article Submissions



ACHCA is looking for **book reviewers** and **authors** to contribute reviews and leadership articles for the *Long Term Care Continuum* newsletter.

Book review forms are available and are quick and easy to com-

plete. If you are interested in becoming a book reviewer, <u>click here</u> to download the book review form. If you are interested in having an article published in *Long Term Care Continuum*, <u>click here</u> to review our editorial guidelines.

All articles are reviewed by our Editorial Review Panel for inclusion in our newsletter. If you are interested in serving on the ACHCA Editorial Review Panel to review substantive articles published in *Continuum*, please contact us at news@achca.org.

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Chapter News

The **Maine Chapter's** Second Annual Fall Conference will be held on Friday, **November 1st** at Saint Joseph's College. <u>Stay tuned</u> for more information. Plan to bring your business & billing staff with you.

The **Connecticut Chapter** and Connecticut Association of Health Care Facilities will sponsor an Educational Conference & Trade Show on Wednesday, **November 13th** from 9:30am-3pm. 1.5 CEUs will be offered to Nursing Home Administrators for their attendance at the Educational Program. <u>Stay tuned</u> for more details.

The **Connecticut Chapter** will hold its semi-annual meeting/holiday luncheon on **December 6th** at the Inn at Middletown, Middletown CT. Nationally known blogger and activist Jonathan Pelto will speak. Michael Hotz, Vice-Chair of ACHCA, will attend and present updates from National. For further information contact Kathy Pajor, President, CT Chapter: kpajor226@aol.com.

The **New Jersey Chapter** presents "The Nursing Home Administrator's Survival Guide for 2014" on Thursday, **January 23, 2014** at the Masonic Home of New Jersey, in Burlington. Gail Radar will be presenting. Registration cost is \$35 for members (any state), \$95 for non-members, and \$10 for students. For more information contact Michael Hotz at michael.hotz.58@gmail.com.

Save the Date: The 5th Annual **District 3** Conference will be held **February 19-21, 2014** at the Rising Sun Casino in Indiana.

The 2014 **New York Chapter** Convention is **March 9-12, 2014** at Villa Roma Resort & Conference Center in Callicoon, NY. <u>Stay tuned</u> for more details.

Member News

Our condolences to family and friends of **Cindi Barry** of the New York Chapter who passed away in June.

Kudos to **Tim Dressman, CNHA, CALA, FACHCA** and the staff at St. Leonard in Centerville, Ohio on being selected by Dayton Business Journal as one of 15 recipients of the Healthiest Employers Award.

ACHCA lost a leader and pillar member as **Andrew Fennelly, Fellow Emeritus**, of New Hampshire passed away in May. He served in several leadership positions on the ACHCA Board in the 1970s and 1980s including President in 1981-1982. He also held leadership positions for The Foundation (now the Academy). He will be sorely missed!

Kudos to **Susan Gilster**, **FACHCA** who was recently interviewed by the *New York Times* about Alzheimer's and Aggression. <u>Click here</u> to read the article by Paula Span, author of *The New Old Age* blog for the Times, which describes the difficulties families and facilities face when a person with Alzheimer's or dementia responds with anger and physical aggression.

Congratulations to **Dr. Doug Olson, FACHCA** who was recently promoted to Professor, Health Care Administration Program at the University of Wisconsin - Eau Claire.

Eli Pick, CNHA, CAS, FACHCA, a true example of a dedicated ACHCA member, passionate about professionalism, and advocate for our profession passed away July 30th. He served in several leadership positions with ACHCA including the Governor of Region VI 1995-1997, President of the Illinois Chapter 2010-2012, and on several committees (Awards, Cultural Diversity, Nominating, Academy Steering and the IT Task Force). Mr. Pick was the recipient of the Distinguished Service to ACHCA Award in 1999 and 2003.

John Pratt, FACHCA retired from Saint Joseph's College of Maine on June 30th. He will remain as an adjunct faculty member teaching a couple of classes. John has been at SJC since 1989, leading the Long Term Care Administration and Health Administration programs. In 2010, John served on the ACHCA Board as the Academy Director and was Chair of the Education Committee. Under his guidance, ACHCA developed the licensure course that is available to chapters. He received our Education Award in 2008 and the Journalism Award in 2010. He was instrumental in rejuvenating the Maine Chapter and wrote their newsletter. He was truly engaged with ACHCA at the chapter and National level and had several articles published in Long term living magazine about ACHCA activities. We wish him well in his retirement.

Congratulations to **Jon Rarick, FACHCA**, Executive Director of The Alois Alzheimer Center in Cincinnati, and staff for recently receiving perfect survey results from the Ohio Department of Health. This is Alois' seventh consecutive year deficiency-free surveys. <u>Click here</u> to read the full press release.

Kudos to Ohio Chapter member, **Brenda Wirrig**, who has volunteered to serve assisted living communities as a representative on the OCAL Board.



Share Your News

New job? On the move? Chapter Event? Share news with your peers in both ACHCA eNews and *LTC Continuum*! Submit news items to news@achca.org.

ACHCA would like to extend a special thank you to all of our ACHCA veterans.

Please email news@achca.org if you are a veteran and would like to be recognized in next year's issue.

Michael Barry, CNHA
Lydia Cristobal
Natacha Delince
Timothy Dressman, CNHA, CALA, FACHCA
David Galloway
George Giblin, FACHCA
Marianna K. Grachek, CNHA, CALA, FACHCA
Keith Heuser, CNHA, FACHCA
Terry Leno
Gary Riffe, CNHA, FACHCA
Charles Robinson Jr., CNHA, FACHCA
Andrew Vogel, CNHA, FACHCA
Fred Watson, FACHCA

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." — John F. Kennedy

Acknowledgments

Susan Strutner

Kathey Young

Lisa Tranel

All gifts, memorials, and tributes received by ACHCA are gratefully acknowledged. They honor the individual in a special way and enable ACHCA to fulfill its mission. This issue acknowledges all donations received between **February 1, 2013 and July 31, 2013**. Donations received after July 31, 2013 will be acknowledged in a subsequent issue of *Continuum*.

Holly Argent-Tariq Captain Properties Daniel Cavolo Phillip Crawford, FACHCA Paul Duranczyk, FACHCA Scott Edens, CNHA, FACHCA Daniel Farley, CNHA, FACHCA (In memory of Andrew Fennelly) Bill Glass, CNHA, CALA, FACHCA Terri Golec, FACHCA Joanna Gorczyca Angus Green James Holland, CNHA, FACHCA Michael Hotz, CNHA, FACHCA Bina Hribik-Portello, CNHA, FACHCA Cynthia Lehtinen Ronald LaNeve, FACHCA Eli Pick, CNHA, CAS, FACHCA John Rarick, FACHCA Kenneth Reynolds, CNHA, FACHCA Julie Richard

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Fellow Academy Promise - Are you a Fellow of ACHCA? Support your professional society and make a promise over 4 years. Make your first year gift payment today and ACHCA will invoice you each year for the next 3 years (2014, 2015, and 2016). Click here to make the Fellow Academy Promise!

Support The Academy - Categories of support have changed. We are working on a new donation webpage and materials. Please <u>click</u> <u>here</u> to donate using the membership form.

David B. Oliver Legacy Society - Established to create a significant financial base to enable ACHCA's leaders to fulfill the organization's mission of advancing excellence in long term care leadership. <u>Click</u> here for more information.

Keep Your Contact Information Updated

ACHCA sends out event and meeting information, member discount programs, special promotions, eNews and renewal notices via email to the email address you have provided. Please send email, mailing address and employment updates to membership@achca.org

Member Updates

Advancement to Fellow (February 1, 2013 – July 1, 2013)

Cydney Bare, CNHA, FACHCA Toni Lynn Davis, CNHA, FACHCA Melanie Eaton, CNHA, FACHCA Matt Mauthe, CNHA, CALA, FACHCA Louis Neiman, Fellow Emeritus

Newly Certified Administrators (February 1, 2013 – July 1, 2013)

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Virgil Foley, CNHA
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Are You Eligible to Become an ACHCA Fellow?

If you have made significant contributions to long term care and have maintained two continuous years of Full membership, consider becoming an <u>ACHCA Fellow</u>.

The designation of FACHCA demonstrates to staff, residents, and the community your commitment to your profession and to them. It signifies achieving the highest level of ACHCA membership which is a status you may keep for life as long as you maintain your ACHCA membership. Click here for more information or to apply.

Just a reminder: In order to maintain your fellow credential (FACHCA) you must maintain current ACHCA membership. If your membership has lapsed for 60 days or more, FACHCA reinstatement will require a new membership application and a fellow application fee of \$250.

ACHCA Welcomes the Following New Members (February 1, 2013 – July 1, 2013)

Floyd Adams - Omaha, NE Youssouf Ahmed - Lancaster, PA Russell Alexander - Butler, NJ Tina Alsup - Hamilton, MS Jose Amado – Brownsville, TX Okechukwu Anagbor - Fort Worth, TX Colleen Ankrom - Surprise. AZ Patsy Arline – Griffin, GA Setona Armstrong - Northport, NY Alyssa Arndt - Green Bay, WI Amy Ash - Americus, GA John Attaway – San Antonio, TX Barbara Bailes - Phoenix, AZ Manuela Barney - Anthem, AZ Marie Barney – Lunenburg, MA Brian Barton - Wilmette, IL John Baumgarten - Jericho, NY Laura Beard - Holiday, FL Janae Beaudot - Esko, MN Laurie Behrend - Salinas, CA Ruth Benjamin - Midland, MI Ian Bernard - USAF Academy, CO Michele Bisiacchi - Hoboken, NJ Ladel Blackmon - Florissant, MO Luvenia Blair - Van Buren, AR Caroline Bloom - Athens, OH Shapiro Blum - West Hartford, CT Josef Bogdan Mount Laurel, NJ Jacob Bompastore - Simsbury, CT Shannon Braaten - Wray, CO Cory Brewster-Greenstein - Baltimore, MD Anthony Brice - Rock Hill, SC Charles Broomall - Somers Point, NJ Mary Lou Brown - Myrtle Beach, SC Geri Bryant - Jonesport, ME Rodney Buch - Amana, IA Ronnie Burgess - Maplewood, NJ Natalia Burke - Columbus, OH J.Edward Burleigh - Dowingtown, PA Stephen Burroughs - Biscoe, AL Britania Butler - Florence, AL Susan Buxton - Webster, NH Dena Castricone - New Haven, CT Michelle Cayton - Carson, CA Dylan Chambers - Elk River, MN Howard Chandler - Laconia, NH Ralph Chandler - Plainfield, NJ Dawn Chiabotti – Eveleth, MN Munju Chung - Rancho Cucamonga, CA Cynthia Clark - Hudson, FL Heather Clinkenbeard - Newalla, OK Maria Coleman - Danville, IL Randy Comer - New Lexington, OH

New Members (continued)

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If you have questions about your membership or renewal date, email membership@achca.org

Zenny Sagun - North Cape May, NJ

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